

November 2021



A bit of a Pickle!

Did you know there are 15 different kinds of pickles?

Dill, Sour, Candied, Polish, Gherkins and Kool-Aid (hmmm...that is a different one) are just a few kinds of pickled cucumbers. This month Residents will be sampling a variety of pickles...can you say pucker up!

CELEBRATING WITH YOU

Christmas at Donwood

Tuesday, December 7, 5:30-6:30 pm - 2North

Wednesday, December 8, 5:30-6:30 - 2South

Thursday, December 9, 5:30-6:30 pm - 1st Floor

Dainties, Coffee & Tea delivered door to door

Two Designated Family Caregivers per Resident

RSVP by December 3, 2021 to

jkappy@donwoodmanor.org or 204-668-4410 ext 241



171 Donwood Drive Winnipeg, Manitoba R2G 0V9
Phone: 204-668-4410
www.donwoodmanor.org

CARING FOR SENIORS WITH
DIGNITY, RESPECT, AND
CHRISTIAN VALUES

STAYING CONNECTED - RESIDENT & FAMILY NEWSLETTER NOVEMBER 2021

Donwood Happenings



REMINDER

The Fireside Room **MUST**
be prebooked to use.

To book The Fireside Room
Please visit www.donwoodmanor.org or
contact Jennifer at 204-668-4410 ext 241

**2021 Marks the 100th Anniversary of
the Remembrance Poppy in
Canada**



Madame Anna Guérin, later christened "The Poppy Lady from France", inspired by John McCrae's "In Flanders Fields", had an idea: to adopt the distribution of the Poppy on Armistice Day as a way to raise money for Veterans' needs and to remember those who had given their lives during the First World War.

In July of 1921 the Great War Veterans Association (which in 1925 would unify with other Veteran groups to form the Canadian Legion) adopted the Poppy as the flower of Remembrance.

Since then, the Legion and its members have upheld this tradition of Remembrance.

<https://www.legion.ca/remembrance/poppy-100-anniversary>



Growing Fries and Ketchup in our very own garden.



November Meal Program

Each month, Recreation hosts a dining experience with outside food ordered in. In October, pizza was enjoyed by participating Residents on each unit and this month we will be ordering KFC (Kentucky Fried Chicken). The halls quickly fill with excitement as they fill with the smells of take out.

from the desk of *Nina Labun*

These last few weeks, I have been reflecting on the seasons of the year. Perhaps it is the falling leaves and the cool night air that has my mind preparing for the arrival of winter. Or, perhaps it is the flurry of fall time yard clean-up, storing of window screens, and digging out of all the winter clothes before the first snow fall. When my 3 boys were younger, I recall a conversation with a friend who lived in the Southern States about the 4 seasons we experience in Winnipeg. I was sharing with her that it was actually quite expensive to outfit 3 boys for 4 different seasons of the year... rain boots for spring, sandals for summer, running shoes for the school Fall start, and warm boots for the winter! My friend lived in a moderate climate in the US and didn't experience the same temperature ranges and seasonal variations of Winnipeg. What may have first been envy for a warmer climate, has turned to cherishing the beautiful and unique seasons we enjoy – and perhaps take for granted.

As we enjoy the Fall colors and look toward the seasons of Advent and Christmas, I am reminded of the verse in Genesis that reads: *As long as the earth endures, seedtime and harvest, cold and heat, summer and winter, day and night will never cease – Genesis 8:22*. It is my hope that you find joy in the beauty of the seasons and comfort in knowing the faithfulness of our Creator.

100

Y₄ E₁ A₁ R₁ S₁

That's
1 century
10 decades
1200 months
5,217 weeks
36,525 days
876,600 hours
52,596,000 minutes
and
3,155,760,000 seconds

100 + Birthday Celebrations

Donwood currently has SIX (6) Residents who have celebrated 100 plus Birthdays. What a milestone that is!

DECEMBER FUN

**Cookie Decorating
Christmas Card Making
Virtual
Christmas Light Tour**