

JANUARY 2022

Christmas Cheer from Friends of Donwood



The Staff and Residents of Donwood are so very thankful for the generous out pouring of love and support from the community and the Donwood Auxiliary.

Berean Baptist Church on the corner of Donwood Drive and Sutton Ave blesses our Residents with gifts of the essentials - Kleenex, tooth brushes and paste, and a few treats to enjoy. The church youth group assists with their wrapping skills, some learning as they assisted.



The Donwood Auxiliary is made up of representatives from our supporting churches. The Auxiliary raises funds for special purchases for Donwood that help in the care of our Residents. At Christmas they put together 121 gift bags, one for each of our Residents. Inside there is an assortment of goodies - fruit cups, chocolates, pudding, apple sauce. Each bag is created on an individual basis in order to accommodate the dietary needs of the Resident. It was lovely to have the auxiliary present to help create the presents this year.



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CARING FOR SENIORS WITH
DIGNITY,
RESPECT, AND
CHRISTIAN VALUES

STAYING CONNECTED - RESIDENT & FAMILY NEWSLETTER

January 2022

Donwood Happenings



from the desk of *Nina Labun*

What will this year hold? That is the first thought that crosses my mind as we turn the calendar over to a new year. It is hard to believe it is 2022 and equally hard to believe we are still battling with COVID. As I gather the strength of mind to continue the daily challenge of navigating the pressures of COVID at work and in my personal life, I am reminded of the season of Epiphany – recognized on January 6. This often overlooked Christian holiday commemorates the first manifestation of Jesus Christ to the gentiles – represented by the Magi's visit to infant Jesus. Today, for me, it is a simple but meaningful reminder of the continued presence of Christ. It is also a gentle reminder that we should rely not on our own strength, but seek to rest our worries and struggles in Christ's loving arms. Perhaps I've experienced an *epiphany* this season of Epiphany - a reminder of the meaning of faith and hope as we welcome this new year.

Activity Carts Drive a Load of fun!

Therapeutic Rec recently acquired a cart full of fun and engaging activities for the Residents of Donwood. All you have to do is look at the smiles to see the positive affect it already has for all who participate.



Aqua Paint - Residents just add water to discover the beauty behind the paintbrush. This activity promotes success, self confidence and an independent task.

Aura Projector - immerses Residents in images on the wall, floor or ceiling.

Pipe Building and Perplexis - a great activity to help stimulate the mind and fine motor skills.



January Highlights

Tea Day

Popcorn Day

Special Pizza Lunch- small group lunch

Celebrating National Penguin Day

Chocolate Cake Day



February Highlights

For the Love of Chocolate

Valentine's Day

Special Chinese Lunch- small group lunch

Opening of the Winter Olympics

Banana Bread Day

Cherry Pie Day



We offer themed programming with engaging discussions, documentaries, and opportunities to reminisce. For food programs we serve the food items, enjoy each others company, show documentaries, share recipes and experiences.

